



GoodLife FITNESS
Health & Wellness Leadership Summit
October 22, 2019 • 9AM-4PM
 BMO Centre at Stampede Park
 Calgary, Alberta

TAMMY BRAZIER
DR. RAJIV KUMAR
DANNY WEILL
KEITH MACPHERSON

**Canadian Association of School System Administrators
 Register & Save up to 48%**

Members and guests of the Canadian Association of School System Administrators (CASSA-ACGCS) are eligible to register for the *GoodLife Fitness Health & Wellness Leadership Summit* and **save up to 48%** off the regular conference fee. Seating is limited.

Guest speakers and topics include:

- **Tammy Brazier**; Senior Director, Corporate & Business Development, GoodLife Fitness
Topic: Authentic Leadership - tools for building a psychologically safe and healthy workplace that supports inclusiveness, engagement and collaboration
- **Dr. Rajiv Kumar**; Chief Medical Officer and President, Virgin Pulse Institute
Topic: Adapting to the Future of Digital Health – finding a balance between hi-touch and hi-tech approaches to health and wellness
- **Danny Weill**; Vice President, Partnerships LifeSpeak (Panel Discussion)
Topic: The Role of Technology in Workplace Wellness Programs - reaching today's remote and mobile workforce with employee focused solutions
- **Keith Macpherson**; Mindfulness Expert, Author and Musician
Topic: Making Sense of Mindfulness – daily practices to improve focus, build resiliency and foster positive mental well-being

Registration Special:

Option One: VIP Ticket (includes VIP conference seating and luncheon): Register for only \$329 a ticket. (Regular \$595)

Option Two: General Ticket (includes full day conference and refreshments): Register for only \$199 a ticket. (Regular \$389)

Option Three: (Most Popular): Purchase 3 tickets for the price of 2! (Limited time offer)

How to Register: [Click here](#) to register online or call Toll-Free 1 833 277-4306 Ext. 230

Please consider extending this invitation to members of your human resources, wellness and occupational health & safety teams. Please add 5% GST. All sales final. Tickets are transferable.